To download MIDUS data:

1. Go to the ICPSR homepage <http://www.icpsr.umich.edu/icpsrweb/>
   1. Click “Log In/Create Account”
   2. Click “Create Account” at the bottom-right of the page to create a new MyData account
2. Create a new folder in your RM folder called “MIDUS”
3. Download Midlife in the United States (MIDUS 1), 1995-1996 (ICPSR 2760)
   1. <https://www.icpsr.umich.edu/icpsrweb/ICPSR/studies/2760?searchSource=find-analyze-home&sortBy=&q=02760>
   2. Click [Download All Files](http://www.icpsr.umich.edu/cgi-bin/bob/terms2?study=2760&ds=1&bundle=&path=ICPSR) (230.5 MB) **large file**
   3. Extract all files to the MIDUS folder created in step 2
4. Download Midlife in the United States (MIDUS 2), 2004-2006 (ICPSR 4652)
   1. <http://www.icpsr.umich.edu/icpsrweb/ICPSR/studies/4652?q=04652>
   2. Click [Download All Files](http://www.icpsr.umich.edu/cgi-bin/bob/terms2?study=2760&ds=1&bundle=&path=ICPSR) **large file**
   3. Extract all files to the MIDUS folder created in step 2
5. Download Midlife in the United States (MIDUS 2): Cognitive Project, 2004-2006 (ICPSR 25281)
   1. <http://www.icpsr.umich.edu/icpsrweb/ICPSR/studies/25281?searchSource=revise&q=25281>
   2. Click [Download All Files](http://www.icpsr.umich.edu/cgi-bin/bob/terms2?study=2760&ds=1&bundle=&path=ICPSR) **large file**
   3. Extract all files to the MIDUS folder created in step 2
6. Download Midlife in the United States (MIDUS 2): Daily Stress Project, 2004-2009 (ICPSR 26841)
   1. <http://www.icpsr.umich.edu/icpsrweb/ICPSR/studies/26841?searchSource=revise&q=26841>
   2. Click [Download All Files](http://www.icpsr.umich.edu/cgi-bin/bob/terms2?study=2760&ds=1&bundle=&path=ICPSR) **large file**
   3. Extract all files to the MIDUS folder created in step 2
7. Download Midlife in the United States (MIDUS 3), 2013-2014 (ICPSR 36346)
   1. <http://www.icpsr.umich.edu/icpsrweb/ICPSR/studies/36346?searchSource=revise&q=36346>
   2. Click [Download All Files](http://www.icpsr.umich.edu/cgi-bin/bob/terms2?study=2760&ds=1&bundle=&path=ICPSR) **large file**
   3. Extract all files to the MIDUS folder created in step 2